



## on-campus meal plans

**For Undergraduate Students Living in the Residence Halls 2024-2025**

At Berkeley Dining you can purchase meal plans with the flexibility, convenience, and value you need while serving nutritious, local, and sustainable food.

### **Eat where you want, when you want**

Enjoy easy access to a variety of welcoming locations with sit-down and on-the-go options. Use your meal swipes at the dining commons or as a “meal equivalency” swipe at participating locations. Use your flex dollars at campus restaurants, convenience stores, and the dining commons if you run out of meal swipes for the week.

### **Spend less and save more**

With flex dollars, you pay less than the cash price at the dining commons—on average about \$4 less per meal! You can also use your flex dollars for guests. Get more for your money any time you purchase add-on flex dollars—110 flex dollars for \$100 or 55 flex dollars for \$50.

### **Leave stress behind**

Don't worry about grocery shopping, cooking, or washing dishes. With your busy schedule, you deserve an easier way to eat well. Add flex dollars, check your balances or transactions online any time you want at [dining.berkeley.edu](https://dining.berkeley.edu).

# the plans

Meal plans include a combination of meal swipes and flex dollars. Each week a specific number of meal swipes will be available for you to use. Any unused meal swipes expire on Saturday at midnight each week and reset for the upcoming week. Meal swipes may only be used by the meal plan holder.

Flex dollars work on a declining balance, with half the flex dollars available for each semester. Flex dollars will roll over from the fall to spring semester. **Choose a plan that works for you.**

## CURRENT PLAN

## UPGRADE OPTIONS

BLUE PLAN	GOLD PLAN	ULTIMATE PLAN
<b>12 MEAL SWIPES</b> per week 1 per meal period  <b>&amp;</b>  <b>600 FLEX DOLLARS</b> 300 per semester	<b>10 MEAL SWIPES</b> per week 1 per meal period  <b>&amp;</b>  <b>1000 FLEX DOLLARS</b> 500 per semester	<b>UNLIMITED MEAL SWIPES</b> per week 1 meal swipe every 30 minutes per meal period  <b>&amp;</b>  <b>1000 FLEX DOLLARS</b> 500 per semester
<b>Included</b> in your housing contract	<b>+\$350 per year</b> (\$175 per semester)	<b>+\$950 per year</b> (\$475 per semester)

**ADD-ON FLEX DOLLARS**

**110 FLEX DOLLARS** for \$100

**55 FLEX DOLLARS** for \$50



## PRICING FOR DINING COMMONS

MEAL	ON-CAMPUS MEAL PLAN AND FRIENDS & FAMILY PRICE	CASH PRICE (With no meal plan)
Breakfast	9 flex dollars	\$12
Lunch/Brunch	10 flex dollars	\$14
Dinner	11 flex dollars	\$16

### Enjoy local, organic, humane, and farm-to-fork food

Berkeley Dining ensures food is coming from a good place by partnering with farms and businesses to use ingredients that are locally grown, humanely treated, and environmentally and socially responsible. Berkeley Dining creates plant-forward menus and serves humanely raised chicken and eggs, organic tofu, and produce grown from the campus gardens.

### Eat sustainably, responsibly, and nutritiously

At Berkeley Dining you'll be served great food that is nutritious and sustainable. Berkeley Dining is leading the way when it comes to sustainable food and business practices, and promoting nutrition. Berkeley Dining reduces waste by composting, recycling, and donating overproduced food daily to local food pantries.

### Explore dietary options and advice

Whether you have a food allergy, gluten intolerance, religious dietary restrictions, or seek guidance with food choices, Berkeley Dining is here to help. Menus identify key ingredients, including major food allergens, and highlight vegan and vegetarian selections. Kosher and Halal options are available at all the dining commons upon request. Berkeley Dining's registered dietitian is available to provide personal advice for your nutrition and well-being needs. [Email dietitian@berkeley.edu](mailto:dietitian@berkeley.edu).

### Celebrate Diversity

Berkeley Dining's friendly, service-oriented team helps bring people together to share in and celebrate our diverse community. Experience dining programs that include special events, menus, and food that uplift our different cultures.



# dining locations



## Berkeley Dining

Use your flex dollars at all Berkeley Dining locations. Use your meal swipes at the dining commons or as a “meal equivalency” swipe at participating locations.

### Dining Commons:

1. Café 3
2. Clark Kerr
3. Crossroads
4. Foothill

### Campus Restaurants:

9. Brown's
10. The Golden Bear Café
11. The Eateries at Student Union

### Convenience Stores:

5. Bear Market
6. CKCub
7. The Den (Peet's Coffee & Pizzeria 1868)
8. Cub Market